

## Importance Of Ayush In Hospitals

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*Abstract: AYUSH (Ayurveda, Yoga, Naturopathy, Unani, Siddha and Homeopathy) is a part of ancient medicinal practice i.e. indigenous system of medicine. Last year the Government of India proposed the establishment of at-least 65 AYUSH hospitals in three years. Seeing the various types of hospital classification in India, AYUSH must be made mandatory in every hospital.*

There are various medicinal practices in India and noticing the population increase in our country, the introduction of AYUSH in every healthcare centre would make the treatment far more comfortable, cheap and easy. The roots of this nation go back to the ancient practice of Ayurveda. Naturopathy has been commonly used by masses in our nation as a part of household remedies. With a separate departmental set up for AYUSH in every public and private hospital, it would certainly decrease the load of patients who are solely dependent on the allopathic system of medicine. This would also ensure employment opportunities for the bulk of doctors from the AYUSH stream. Since many people are already familiar with the above fields it would make easier for the hospitals also to educate the patients about healthcare and welfare. It is a well known fact that the form of medicinal practice under AYUSH has lesser side-effects as compared to allopathic medicinal system. AYUSH incorporates holistic approach of treatment for patients which according to a survey has been found to be more beneficial to treat patients and have better outcome. By making AYUSH departments mandatory in hospitals, a healthy competition can be invoked and also availability of choice treatment for the patients.

This practice in no-way is to cause harm or demean the former system of practice of allopathy in hospitals but to

promote patient well being, timely and quality care. As the hospital is a recession free industry and with ever increasing patients, the validation of AYUSH would certainly help the cause of the patients and the hospitals both. Even the NRI Indians or other foreigners who as a part of medical tourism and come for India for treatment from abroad are going to be highly benefitted and in-turn this will help India to spread its wings across the globe. All medicines must work hand-in-hand and in tandem for better hospitality and robust quality care for the patients. Moreover certain treatments are easily available and more reliable under AYUSH as compared to Allopathy system of medicine, which ultimately leads to incisions or surgeries..With Government trying to introduce AYUSH at various levels in the coming years, the implementation has to be done at a rapid rate especially with increase of advancement in medical field and ever increasing globalisation. The planning on paper must match with coordination and implementation at the ground level swiftly without any delay for the betterment of patient care. Even central Government employees who are covered under CGHS system must have an equal opportunity to avail AYUSH services to the full. A thorough inspection must be done to confirm the availability of all medicinal systems at all levels.