# How We Can Identify Our Diet

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Abstract: Hungry is stimulus. Which originated from body part of stomach. Stomach goes continuously contraction, result it break down complex food stuff into small piece molecule. After that digest food absorbed by body. When there is lack of food inside stomach. Abnormality produced in contraction in which stomach get contracted. Therefore the constrict stomach stimulus to produced hungry. Thise stimulus impulses goes to hypothalamus gland. Signal impulses to hypothalamus gland lead to stimulate of hungry. A person which stimulus get diet for particular person a nutrition by smelling of specific smell present on the. Human can identify a nutrition by smelling due to presence of specific gland present on them. Which Olfactory area stimulate by impulse of smell by which rate of hungry is increase or fast hence stimulate salivary gland. Therefore release of saliva from salivary gland. Although Human taken in from of nutrition.

Keyword: Hungry, stimulation, salivary gland, hypothalamus gland, favourable condition, diet, nutrition.

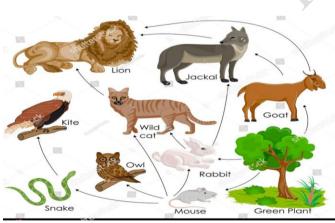


Figure 1: Hungry is stimulation to get food or nutrition

## I. INTRODUCTION

There is no life without diet or nutrition. It is essential for life. Living being taken diet for there body growth and development. Take of nutrition in living being responsiable for causes of abnormality such as undevelopment and ungrowth of body. There is specific mode of nutrition for each species. In which each species get absorbed according to their specific mode of nutrition. While except some organism. Each species of organism get nutrition based on their specific mode of nutrition under favourable condition. As result organisms are easily get absorbed nutrition according to under favourable condition. Stomach is called site of origin of hungry. Impulse of hungry is originated or produced from stomach. At hungry organisms are search for (food) diet and readily for nutrition. Until full fill of stomach they contineausly feed on nutrition. By after filling of stomach through food hungry is end. Now impulses of stimulus for hungry is also finished. Therefore they relax from hungry.

#### II. METHODOLOGY

✓ STUDY ON GOAT: Black female goat gave birth to male spottedness lamb. Lamb taken 15 mint to birth. with help of tongue mother goat clean up lamb. Lamb tried to stand up with help of foot. After some time lamb stand up. Mother goat taken lamb near of nipple. Lamb easily smell the scent of milk's and take up in their mouth. When nipple under mouth at tongue vibration is produced. Hence milk's are released from nipple to mouth of lamb. As result lamb full fill it's stomach and relax from Hungry.

- ✓ METHOD: Take a lamb after two day and nutrition in the room. Second day Lamb feed on milk by bottle between 40-50 mint. Lamb feed up on bottle milk for full day. At third day them given milk in bowl. Child are contineausly smelling the milk for some time. After some time lamp also drink the bowl milk. Lamb feed up on bowl milk for full day. Fourth day 8 pm taken two plate, at first plate take fresh green grass and second plate taken fresh chicken. Lamp are smelling both plates and start to eat fresh grass.
- ✓ *STUDY ON DOG:* female dog gave birth to five puppies. In which two are male and three are female. At time of birth are all puppies eyes are closed. All puppies are cleaned by their tongue of mother. Puppies get smell and take nipple in their mouth and feed on milk. Those puppy are not able to search the smell of milk mother caught the puppy or their mouth and leave at site of nipple for feeding. After four day all puppies are get open their eyes.
- METHOD: take a black puppy after sex day and nutrition in the room. Puppy feed on milk by bottle between 40-50 mint. Puppy feed up on bottle milk for four day's. At 11<sup>th</sup> day them given milk in bowl. Puppy are contineausly smelling the milk for some time. After some time puppy

also drink the bowl milk. Feed up on bowl milk for nine day's. 26 day 7pm taken two plate, at first plate take fresh green grass and second plate taken fresh chicken. Puppy are smelling both plates and start to eat fresh chicken.

## III. RESULT

- ✓ All the species just eat piece of chicken similarly puppy also eat piece of chicken.
- $\checkmark$  Lamb also eat grass as some as their species eat grass.

### IV. CONCLUSION

The milk smell are stimulate by their Olfactory area. Due to which they feed on milk. But piece of chicken stimulus puppy, and fresh grass stimulus lamb from Olfactory area. Due to which saliva are induce from their salivary gland. Hence they identify their respective nutrition and feed up on them.