

# Sky Yoga For Social Peace And Security

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**Abstract:** *Communal Welfare Everything that men do for the good of society “An organized concern of all people for all people”. The human society helps a person live, taking care of all his needs during his lifetime. The legacies left behind by the countless thinkers, workers and spiritual masters have helped man prosper through the ages. The human society vast and ageless in its existence, looks after every individual during the short span of his stay on the earth. Therefore it is the duty of every individual to work for the welfare of the society, while experiencing and enjoying the benefits offered by the society to the fullest extent.*

**Keywords:** *Service, Social Resources, Democracy, Economic Justice, Individual peace*

## I. INTRODUCTION

Service along with economics, morality and Divine worship is an important part of human existence. It is the duty of every man to contribute his mite for the welfare of the society in return for the benefits he enjoys from it. People all over the world exist under a variety of conditions and many of them are in dire need of assistance. Service becomes noble when it is rendered in a state of total awareness of the Divine state the power of human thoughts and the nature of the sensations of pleasure and pain, where the mind exists beyond the narrow considerations of “I” and “Mine” and thoughts words and deeds are utilised for the welfare of others. Selfless service is admirable divine in its quality.

Efforts put in by any man for the welfare of the society and fellow humans benefit millions and transcend the passing of the years whereby he lives on in the memory of the people. Everyone has a duty to serve the society in one way or the other.

A nation’s system of programs, benefits, and services that help people meet those social, economic, educational and health needs that are fundamental to the maintenance of society.

## II. COMMUNAL FELICITY

A new idea of communal welfare has been improving under which welfare programs consist not only of counselling and assisting the individual and family in making the needed adjustments to environment but, more vital of marshalling social resources to improve the well-being of individuals and families generally. We won’t think of a few under privileged and disadvantaged persons, but in the terms of all individuals and families.

In this Nation under this newer idea communal work would include both constructive welfare services and measures designed to develop economic security that is both public help and the social insurances, In the other Nations it would include measures that fall under neither heading –for instance Children’s allowances, family allowances and similar payments based on the status of the individual rather than upon present want or past contributions of the individual. Especially security would be part of communal welfare in its present day.

In a capitalism based on a system of free enterprise the well-being of individuals must be improved in such a way that common wealth and the system of free enterprise will be strengthened. Many people have sincerely felt that communal action to assist individuals weakens the fabric of democracy and free enterprise because they fear, It weakens individual

initiative. If at all communal welfare continues to recognize that the basic prior.

### III. VETHATHIRIYAM CONCEPT

#### THE REFORMATION ENVISAGED

The reformations were envisaged by Vethathiri Maharishi on the strength of the following fourteen reforms

- ✓ word without wars
- ✓ Economic justice
- ✓ An upright judiciary
- ✓ One world federal government
- ✓ Reformed culture
- ✓ Life under the guidance of the intellectuals
- ✓ Respecting womanhood
- ✓ Living according to the divine laws
- ✓ Avoiding unnecessary festivals and rituals
- ✓ Sports only for children
- ✓ Teaching the Law of cause and effect
- ✓ Expounding the principles of magnetism
- ✓ food and water made common to all
- ✓ Eschewing the concept of many gods.

Let us take a brief look at the fourteen reforms proposed by Vethathiri Maharishi

#### A. WORLD WITHOUT WAR

Wars are cruel, where man is pitted against man, killing and maiming each other, during the course of the battles. Having taken birth as human beings, we have to live on this vast earth, enjoying the bounties of nature, in goodwill and amity with the others. But man unfortunately seems to find pleasure in waging wars, killing and destroying his fellowmen. The reason behind the wars, their ill effects and urgent need to prevent them in the future.

#### B. ECONOMIC JUSTICE

Economic equality among the people is imperative. Money is only a token of labour, in the field of economics. The resources available in Nature are common to all and man should learn to share his possessions and income with the others in the society.

#### C. AN UPRIGHT JUDICIARY

An upright judiciary is an essential part of the society. Laws are made and implemented by the government of a country, but very often the law makers are people ignorant of human values and lacking a scientific approach which has been the bane of the countries all over the world. Therefore it is the duty of the judiciary to interpret the laws in a manner suitable to the people.

#### D. ONE WORLD FEDERAL GOVERNMENT

A Democratically elected one world federal government, comprising of the representatives of all the countries in the

world, capable of providing equal rights to all and overseeing the functions of the governments of the member countries, has to be set up.

#### E. REFORMED CULTURE

World peace is possible only through individual peace, and the individual has to adopt certain values in his life for this. The fivefold path of virtue was advocated by Vethathiri maharishi for this purpose they are as follows

- ✓ I shall live on the fruits of my toil, Physical or mental always
- ✓ I shall not hurt anyone, physically or mentally in my life time.
- ✓ I shall not kill for food.
- ✓ I shall respect the rights to property and the liberty of the others at all times.
- ✓ I shall assist those in pain or suffering, whenever possible.

#### F. LIFE UNDER THE GUIDANCE OF THE INTELLECTUALS

The quality of human life has been deteriorating over the years due to the evils deeds of man and it is important that the people begin to live according to the teachings of the enlightened persons. Differences in the level of knowledge and the customs exist among the people and living in accordance with the guidance of the seers will be safe for all.

#### G. RESPECTING WOMANHOOD

The service rendered by the women to the society are invaluable and praiseworthy. But unfortunately the male dominated society all over the world has failed to recognise the contribution of the women and they are subjected to disgrace and harassment everywhere. This sorry state of affairs has to be corrected and people made aware of the true worth of the women.

#### H. LIVING ACCORDING TO THE DIVINE LAWS

The Divine state with its characteristics of force and consciousness has undergone transformation into the Universe and keeps it functioning with regularity. The Ego in man prevents him from realising the greatness of the divine state whereby his actions produce pain and misery. It is the duty of the enlightened person to take steps to correct this.

#### I. REFORMATION OF THE CULTURE

Reformation of the culture becomes essential when the one in existence proves to be unsuitable to the times. Problem can arise when the habits and customs that prevail in the society are obsolete and not in keeping with the changing times. Customs that may have been ideal in the past may not be suitable today and have to be changed.

#### J. SPORTS ONLY FOR CHILDREN

Sports no longer is an entertainment in today's world where feelings of rivalry, anger and jealousy have begun rule the games. Further, sporting activities can cause irreparable damage to the muscles, tendons or nerves in the adults. Therefore all sports should be restricted to the children for their physical and mental development.

#### K. TEACHING THE PRINCIPLES OF CAUSE AND EFFECT

It is the divine law that every action should produce a suitable result, thoughts, words and deeds are all actions which produce results in the form of pleasure, pain, peace or ecstasy. Every action has to be evaluated and the consequences foreseen for a life devoid of pain or misery. This is the principle of cause and effect.

#### L. EXPOUNDING THE PRINCIPLE OF MANGNETISM

Magnetism is a powerful phenomenon that plays an important role in nature, yet man remains ignorant of it, despite the progress achieved by science. The principle of magnetism has to be explained to the people with delay.

#### M. FOOD AND WATER MADE COMMON TO ALL

Food and water are imperative for human survival. They are the gifts of nature and no man or a group of people should

claim it as their own. They have to be made available to all to be enjoyed at will, just like the air and sunlight in nature.

#### N. ESCHEWING THE CONCEPT OF MANY GODS

The Divine state is supreme in the Universe as well as in the life of the human beings, existing as a fraction in every human being. It is singular and the people have to be made aware of this fact to prevent religious animosity and ill will.

#### IV. CONCLUSION

The Vethathiriyen Principles of life comprises of the fourteen principles mentioned above the intellectuals and the social leaders have to study the in detail for implementation as suitable schemes in the society for beneficial of social welfare.

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